

High Quality  
**Convenient**  
**Pediatric**  
Care Online



**48 HOURS  
TURN  
AROUND TIME**

## CHILD PSYCHIATRY

Welcome to XpertCare! Due to the nationwide shortage of pediatric psychiatry providers, pediatricians are now treating complex emotional and behavioral problems with limited access to consultation with Child & Adolescent psychiatrists. We aim to fill this gap by providing pediatricians access to highly-trained and experienced Child & Adolescent psychiatrists for remote consultation either via e-consult or in real time.

**BREADTH OF EXPERTISE** Our hand-picked Child & Adolescent psychiatrists provide consultation across the diagnostic spectrum and for cases of varying complexity, including:

- o *Mood Disorders - depression, bipolar disorder, mood lability*
- o *Anxiety Disorders - Generalized Anxiety Disorder, Obsessive Compulsive Disorder, Panic Disorder*
- o *Aggression and Behavioral Problems*
- o *Attention Deficit Hyperactivity Disorder and Impulse Control Disorders*
- o *Post-Traumatic Stress Disorder and Trauma-Related Disorders*
- o *Suicidal ideation and self-injurious behavior*
- o *Autism Spectrum Disorder and Developmental Disorders*
- o *Eating Disorders*
- o *Substance Use Disorders*
- o *Cognitive impairment*

**Request a consultation**

 **443.554.0349**

**CONTACT US TODAY!**

-  **10 E North Ave  
Baltimore, MD 21218**
-  **emmanuelopati@xpertcare.online  
www.xpertcare.online**
-  **Monday - Friday  
8:00 am - 5:00 pm EST**

A written summary of the recommendations will be provided to you within **48 hours** of the consultation



# HIGH QUALITY CONVENIENT PEDIATRIC E-CONSULTS



**PAUL BALLAS, DO**

Medical School: Philadelphia College of Osteopathic Medicine  
Residency: Thomas Jefferson University Hospital in Philadelphia  
Fellowship: Thomas Jefferson University Hospital in Philadelphia



**SCOTT B. FALKOWITZ, DO**

Medical School: New York College of Osteopathic Medicine  
Residency: Zucker Hillside Hospital, Glen Oaks, New York  
Fellowship: Presbyterian Hospital – Cornell and Columbia University

## BREADTH OF EXPERTISE

Our hand-picked Child & Adolescent psychiatrists provide consultation across the diagnostic spectrum and for cases of varying complexity, including:

- o Mood Disorders – depression, bipolar disorder, mood lability
- o Anxiety Disorders – Generalized Anxiety Disorder, Obsessive Compulsive Disorder, Panic Disorder
- o Psychosis
- o Sleep disturbances
- o Attention Deficit Hyperactivity Disorder and Impulse Control Disorders

## CONTINUITY OF CARE

You will be paired with one of our expert consultants for each case. The consultant will help with diagnostic formulation; make recommendations for disposition and treatment; and assist with follow-up questions, as needed. The consultant will continue to work with you and help navigate further challenges as they arise.

## ADAPTED TO YOUR NEEDS

Patients who are appropriate for e-consults are at low risk of suicide or harm to others or have mild-to-moderate functional impairment related to their psychiatric disturbance