

High Quality
Convenient
Pediatric
e-Consults



**48 HOURS
TURN
AROUND TIME**

PEDIATRIC ORTHOPEDICS AND SPORTS MEDICINE

XpertCare is a provider-to-provider service that offers primary providers efficient, reliable, e-Consult service with pediatric orthopedic surgeon. Our hand-picked pediatric orthopedic surgeon and sports medicine doctors are highly trained and have experience doing consultations using a HIPAA compliant platform with pediatric patients remotely. XpertCare's turn-around time for e-Consults is between **24 - 48 hours**.

OUR PEDIATRIC ORTHOPEDIC SPECIALISTS PROVIDE E-CONSULTS ON THE FOLLOWING ORTHOPEDIC CASES:

- o Muscle soreness/strains
- o Fractures
- o Clavicle fractures
- o Scoliosis less than 20 degrees
- o Pelvic avulsion fractures
- o Growth Plate injuries
- o Joint/Cartilage injuries of the Knee
- o Ankle injuries
- o Shoulder injuries
- o Elbow injuries
- o Finger injuries
- o Hip injuries
- o Wrist injuries
- o Overuse injuries (i.e. Os-good-Schlatter Disease)
- o Joint Dislocations
- o Meniscus injuries
- o Articular Cartilage injuries
- o Stress Fractures
- o Patellofemoral Disorders
- o Collateral/Cruciate - - Ligament injuries

Request a consultation
443.554.0349

CONTACT US TODAY!

- 10 E North Ave
Baltimore, MD 21218
- emmanuelopati@xpertcare.online
www.xpertcare.online
- Monday - Friday
8:00 am - 5:00 pm EST

Upon receiving the consult, a written summary of the recommendations will be provided to you within 48 hours of the consultation.



HIGH QUALITY CONVENIENT PEDIATRIC E-CONSULTS



**DR. MARK HARARY
M.D.**

Medical School: Ross University Medical School
Residency: University of Pittsburgh Medical Center, Shadyside Hospital, Pittsburgh, PA
Fellowship: Blessing Hospital in Quincy, IL
Director: Orthopedics and Sports Medicine Service



**DR. ALFRED ATANDA,
M.D.**

Medical School: University of Pennsylvania School of Medicine
Residency: University of Chicago
Fellowship: Thomas Jefferson University
Fellowship: Thomas Jefferson University



**DR. ANIK COCKROFT,
DO**

Medical School: Lake Erie College of Osteopathic Medicine in Bradenton, FL
Residency: Kapi'olani Hospital for Women & Children on O'ahu, Hawaii
Fellowship: University of Hawai'i Manoa

CLINICAL SCENARIO

A 15-year-old child with back pain goes to their pediatrician's office who then orders X-rays for her back. The X-ray shows that she has scoliosis with a 13-degree curve. At this point, Mom has a lot of questions; what is the significance of the 13-degree curve? Is her book bag contributing to the back pain she is having and or contribution to the scoliosis? Does she need physical therapy? Does she need treatment? How do they proceed from here? Do they go straight to the orthopedic surgeon? Do they start with wearing a brace? Do they start with physical therapy?

The pediatrician can manage this patient at their office with guidance from an orthopedic surgeon. In these types of cases parents have a lot of questions. This is a good time point to seek e-Consult and in-input from the orthopedic surgeon to help guide and initiate treatment without necessarily shuffling the patient to an expensive-time-consuming in-person visit with the orthopedic surgeon.